**Synopsis**

"Four Hours a Day" is the extraordinary and muted story of young mothers in the kibbutz movement in Israel.

Based on Orian Chaplin's bestselling book, it follows a phenomenon that affects dozens of mothers and their children to this day. Babies who, according to the kibbutz ideology, were taken from their mothers and raised and lived in children home. Every mother was allowed to hold her child for only "Four Hours a Day."

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The mental scars created and left in the hearts of mothers and their children are exposed for the first time in this Documentary. Mothers who speak with great pain and great openness about years of suffering that shadowed what should have been natural relationships, and emotions, but often caused disconnection and distress.  
  
How do these mothers feel today, about what they were forced to do years ago?  
Were they able to overcome the intensity of the emotional distress?  
  
The film was produced in 2021 and is scheduled to be broadcast in prime time, as part of the exclusive Kan 11 Documentaries slot.